



**SQR Training**

**T.** +44 (0) 3332 244586

**E.** [admin@sqrtraining.co.uk](mailto:admin@sqrtraining.co.uk)

**W.** [sqrtraining.co.uk](http://sqrtraining.co.uk)





# Basic Ladder Awareness



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### Does your workforce know how to use ladders safely?

*Ladders that are not inspected properly can cause injury or even death.*

*Falls from ladders cause around 14 deaths every year.*

*Anyone who uses ladders needs adequate training so that they can work at height safely.*

**HSE Executive**

### Who is basic ladder awareness training for?

*If you or your staff use ladders, you need to know how to set up ladders correctly and carry out necessary inspections/checks. This course will show you how to use ladders safely to avoid injury.*

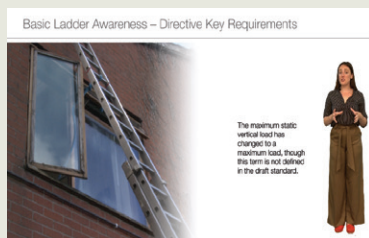
### What does the basic ladder awareness course cover?

*This training will cover:*

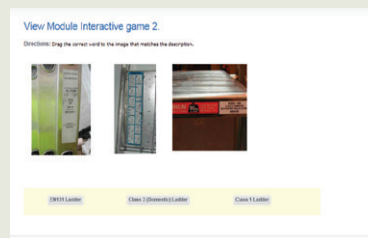
- *How to check for ladder defects.*
- *How to set up and use ladders safely.*
- *How to comply with the Work at Height Regulations (WAHR).*

### What is the benefit of basic ladder awareness training in your business?

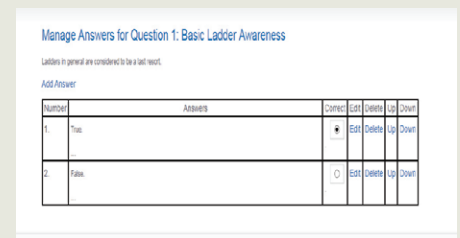
*Every year, thousands of people are injured in the workplace because of poor ladder training or poorly maintained ladders. This course will show you how to set up, use and store your ladders to reduce ladder-related injuries and fatalities. Staff can complete their training at any time to suit your needs.*



Video Presentations.



Interactive Games.



Final Exam – Certificates Provided.

***Employers and those in control of any work at height activity must make sure work is properly planned, supervised and carried out by competent people.***

***Employees are legally obliged to take reasonable care of themselves and others who may be affected by their actions and to co-operate with their employer to enable compliance with health and safety protocols.***

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